

VRGETARIANS

Vocabulary:

Vegan - веган, радикальный вегетарианец

vegetarian diet — вегетарианская диета

appetizing / delicious / tasty food — вкусная еда

coarse food — грубая пища

exotic food — экзотическая пища

fine food — хорошая еда

heavy food — тяжёлая пища

light food — лёгкая пища

nourishing / wholesome / health food — здоровая пища

plain / simple food — простая пища

rich food — жирная пища

spicy food — острая пища

frozen food — замороженная пища

gourmet food — пища для гурманов

scraps of food — остатки еды

food value — энергетическая ценность

to cook / prepare food — готовить еду

to heat / reheat food — разогревать еду

to bolt / gulp (down) / swallow food — глотать пищу

canned food — амер. консервы (в жестяных банках)

tinned food — брит. консервы (в жестяных банках)

preserved food — консервированные продукты, консервы

cooked vegetable

raw vegetables-сырые овощи

leafy vegetables – листовые овощи

steamed vegetables- на пару

stir-fried vegetables – обжаренные в масле

food for thought / reflection — пища для размышления, для ума

to become food for fishes — утонуть

to become food for worms — умереть

Questions:

Do you know any vegetarians?

Do you think restaurants should offer one or two vegetarian dishes on their menu?

What are the different kinds of vegetarians?

Could you try vegetarianism for a month?

Could you try vegetarianism for a week?

Could you try vegetarianism for a full day?

If someone eats cheese and drinks milk, are they vegetarian?

If someone wears leather shoes or a fur coat, can they call themselves "vegetarian"?

What is the difference between a vegan and a vegetarian?

What is the most logical reason for becoming a vegetarian?

What would you prepare for a vegetarian coming for dinner at your home? (appetizer, main dish, dessert and beverage)

What meal would you miss the most if you became vegetarian?

What would be a great meal you would prepare for yourself as a vegetarian?

Would you go to a vegetarian restaurant for dinner?

What would be more difficult to eat, a strange new vegetable, or an exotic piece of meat?

What are the proven benefits of eating meat?

Have you ever considered becoming a vegetarian?

Would you marry a vegetarian if it meant you could not cook meat at home?

Do you know any famous vegetarians? (Albert Einstein, Avril Lavigne, Buddha, Clint Eastwood)

What is a better reason for becoming a vegetarian; health reasons or animal rights?

Do you like to eat fruits? What's your favorite one?

How often do you eat fresh fruit?

In your opinion, what's the most delicious fruit?

Do you like vegetables? What's your favorite one?

Do you think that fruits and vegetables are good for your health? Why or why not?

Are you or would you like to be vegetarian?

How often do you drink fruit juice?

Do you like to eat fruit salad?

What kind of vegetables and fruits do you buy at the supermarket?

What does the following saying mean: "An apple a day keeps the doctor away?"

What are the most common fruits and vegetables in your country?

Can fruits and vegetables help you cure diseases?

Can fruits and vegetables help you to lose weight if you are on a diet?

Do you cultivate fruits or vegetables in your garden?

Do you think that fruits and vegetables are good for your health? Why (not)?



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