

## THE SOUP OF THE DAY (FOOD AND DRINKS IN RESTAURANTS)

### Useful vocabulary

Starter – первое блюдо

Main course – основное блюдо

Rump-steak – ромштекс

Steak/beef – мясной стейк

Very rare – почти сырой

Rare – мясо с кровью

Medium rare – средняя прожарка

Medium well – почти прожаренное

Well-done – хорошо прожаренный

Filling – сытный

quick-and-cheap temptation – любовь к быстрой и дешевой еде

saturated fat – насыщенный жир

well-balanced meal – сбалансированная пища

dressing – заправка

topping – добавка

French fries – картошка фри

Baked potato – запеченный картофель

Fried chicken – цыпленок жареный во фритюре

Grilled chicken – цыпленок на гриле

Milkshake – молочный коктейль

High-fat meat – жирное мясо

Lean meat – постное мясо

Steamed food – еда приготовленная на пару

### Questions for discussion

🕒 How often do you go out for lunch/dinner?

- 🕒 What is your favorite cuisine/meal/drink?
- 🕒 What is your favorite restaurant/café/pub? Why?
- 🕒 Are you satisfied with Moscow restaurant service?
- 🕒 What are the advantages/disadvantages? What would you change in it?
- 🕒 Do you think fast food can be healthy eating?
- 🕒 What do you think about the buffet and business-lunch concepts?
- 🕒 What are the tips for making restaurant food healthier?
- 🕒 While travelling abroad would you run the risk of eating snakes/bugs/beetles or other exotic staff?
- 🕒 Would you go for dinner to a vegetarian restaurant?
- 🕒 Can you cook? Would you prefer cooking by yourself rather than eating in a restaurant?
- 🕒 Is it typical of Russians to go out for a meal? Does this attitude differ from the one in other countries?
- 🕒 Would you like to run your own restaurant/bar/pub/café one day? Where would it be situated?

### **Quotations**

One of the very nicest things about life is the way we must regularly stop whatever it is we are doing and devote our attention to eating. ~Luciano Pavarotti and William Wright, *Pavarotti, My Own Story*

My favorite animal is steak. ~Fran Lebowitz

When baking, follow directions. When cooking, go by your own taste. ~Laiko Bahrs

Vegetables are interesting but lack a sense of purpose when unaccompanied by a good cut of meat. ~Fran Lebowitz

There is one thing more exasperating than a wife who can cook and won't, and that's a wife who can't cook and will. ~Robert Frost

I will not eat oysters. I want my food dead - not sick, not wounded - dead. ~Woody Allen