

SPORTS

Leisure activities

- . Go for a run
- . Go skateboarding/
- . Snowboarding/
- . Swimming/
- . Rollerblading/
- . Skating/
- . Sledging/
- . skiing/
- . windsurfing/
- . surfing/
- . downhill skiing, mountain skiing (на горных лыжах)/
- . jet skiing (на водных лыжах)/
- . shaping/cycling (на велосипеде)/
- . mountain biking (на горном велосипеде)/
- . scuba diving (нырять с аквалангом)/
- . bungee jumping (прыгать с тарзанки)/
- . canoeing/
- . boxing/
- . weightlifting (поднимать вес)
- . Go down the slope – съехать со склона
- . Skipass- подъемник
- . Ski resort - горнолыжный курорт

- . Play football/basketball/baseball/rugby/volleyball/soccer/tennis/chess/ice hockey/handball/golf
- . To train – тренироваться
- . To wrestle
- . Go on a diet – садиться на диету
- . Watch a football match
- . Go to the gym
- . Equipment - снаряжение
- . Keep fit – поддерживать себя в форме
- . To work out – тренироваться в зале
- . Do karate/yoga/aerobics/gymnastics/push-ups (отжимания)/chin-ups (подтягивания)

Questions

- 1) What images spring to mind when you hear the word 'sport'?
- 2) Why do so many people like sport?
- 3) Why are some people not interested in sport?
- 4) How often do you read sports news?
- 5) Do you prefer playing or watching sports?
- 6) Do you have good or bad experiences with sports at school?
- 7) Do you think sports stars have the best life?

8) Who is your favourite all-time sport star?

9) Richard M. Nixon said: "I don't know anything that builds the will to win better than competitive sports."

Do you agree?

10) George Orwell said: "Serious sport has nothing to do with fair play. It is bound up with hatred, jealousy,

boastfulness, disregard of all rules and sadistic pleasure in witnessing violence. In other words, it is war

minus the shooting." Do you agree?

11) What's your favourite sport?

12) Do you prefer watching sports at the stadium, at home on TV, or in a bar on a giant screen?

13) Would you like to play sport for a living?

14) How many hours of sport a week should children do at school?

15) Is football (soccer) THE world sport?

16) What is your country's national sport? Do you like it?

17) What are blood sports and extreme sports? Do you like them?

18) Which sport has the best, fittest and most talented athletes?

19) Howard Cosell said: "Sports is the toy department of human life." Do you agree?

20) John Wooden said: "Sports do not build character. They reveal it." Do you agree?



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